



Massage Therapy C.A.

Curriculum Code: 1255

Effective: Fall 2019 – Summer 2022

Description

The Massage Therapy Program prepares an individual in the field of therapeutic massage and bodywork. Massage therapists may be employed in private practice or in a variety of health care settings, spas, and exercise facilities. This program is accredited by the Commission on Massage Therapy Accreditation (COMTA), 2101 Wilson Blvd, Suite 302. Arlington, VA 22201. The Program is also a school member of the American Massage Therapy Association. Successful completion of the program prepares an individual for testing through the Massage and Bodywork Licensing Exam (MBLEx).

Additional Information

Students must complete all required courses with a minimum grade of 2.5 to receive this Certificate of Achievement.

Contact Information

Contact the Massage Therapy Program, Health and Human Services Building, Room 108, telephone number 517-483-1410, or the Academic Advising Department, Gannon Building - StarZone, telephone number 517-483-1904.

Program of Study Required Courses

| Course Code | Course Title | Credit / Billing Hours |
|-------------|-------------------------------|------------------------|
| MASG 131 | Therapeutic Massage I | 4.5 / 4.5 |
| MASG 132A | Body Systems for Massage I | 1.5 / 2 |
| MASG 132B | Body Systems for Massage II | 1.5 / 2 |
| MASG 137 | Medical Elements of Massage | 2 / 2 |
| MASG 139A | Medical Conditions Massage I | 1 / 1 |
| MASG 139B | Medical Conditions Massage II | 1 / 1 |
| MASG 141 | Massage Clinic I | 1.5 / 2.5 |
| MASG 151A | Research Literacy | 1 / 1 |
| MASG 151B | Event Massage | 1 / 1 |
| MASG 151C | Maternal/Infant Massage | 1 / 1 |
| MASG 151D | Special Populations | 1 / 1 |
| MASG 231 | Therapeutic Massage II | 4.5 / 4.5 |
| MASG 232 | Therapeutic Massage III | 4.5 / 4.5 |
| MASG 235 | Licensing Exam Prep | 1 / 1 |
| MASG 241 | Massage Clinic II | 1.5 / 2.5 |
| MASG 242 | Massage Clinic III | 1.5 / 2.5 |
| MASG 251A | Polarity Therapy | 1 / 1 |
| MASG 251B | Reflexology | 1 / 1 |

| Course Code | Course Title | Credit / Billing Hours |
|-------------|---------------------------------|------------------------|
| MASG 251C | Asian Body Therapy | 1 / 1 |
| MASG 251D | Positional Release | 1 / 1 |
| MASG 254 | Bus App Therapeutic Massage | 2 / 2 |
| MASG 256 | Clinical Assess Therap Massage | 1 / 1 |
| PFFT 104 | Therapeutic Massage Fitness Lab | 1 / 2 |
| PFHW 163 | Healthy Lifestyles | 2 / 3 |

Total Credit Hours

40 credits / 46 billing hours

Recommended Course Sequence – Daytime Cohort

| Semester I (Fall 2019) | Semester II (Spring 2020) |
|------------------------|---------------------------|
| MASG 131 | MASG 132B |
| MASG 132A | MASG 139B |
| MASG 137 | MASG 141 |
| MASG 139A | MASG 151A |
| MASG 151B | MASG 231 |
| MASG 251A | MASG 232 |
| PFFT 104 | MASG 241 |
| | MASG 256 |

| Semester III (Summer 2020) |
|----------------------------|
| MASG 151C |
| MASG 151D |
| MASG 235 |
| MASG 242 |
| MASG 251B |
| MASG 251C |
| MASG 251D |
| MASG 254 |
| PFHW 163 |

Recommended Course Sequence – Evening Cohort

| Semester I (Spring 2020) | Semester II (Summer 2020) |
|--------------------------|---------------------------|
| MASG 131 | MASG 132B |
| MASG 132A | MASG 139B |
| MASG 137 | MASG 151C |
| MASG 139A | |
| MASG 151D | |
| MASG 251B | |
| MASG 251C | |
| PFFT 104 | |

| Semester III (Fall 2020) | Semester IV (Spring 2021) |
|--------------------------|---------------------------|
| MASG 141 | MASG 232 |
| MASG 151A | MASG 235 |
| MASG 151B | MASG 241 |
| MASG 231 | MASG 242 |
| MASG 256 | MASG 251A |
| PFHW 163 | MASG 251D |
| | MASG 254 |